## TEST BELONGS TO:

| Name: John Smith | Age: $\mathbf{5 0} \quad$ Date of Birth: 2-Dec-1965 | Sex: M $\quad$ TeloYears Customer ID \#: 160612-1234 |
| :--- | :--- | :--- | :--- |
| Sample Collected on: 7-Sep-2016 | Received on: 9-Sep-2016 | Reported on: 24-Sep-2016 Accession \#: AA-123456 |
| Health Provider: Jane Doe | Clinic: ACME Clinic | Clinic Phone \#: (555) 987-6543 Clinic ID \#: $\mathbf{1 2 3 4}$ |

## ABOUT THIS TEST:

TeloYears is a genetic test that measures the length of your telomeres, the protective caps on the ends of your DNA strands that tend to shorten and fray with age. The test provides your age in TeloYears, the "cellular" age that is encoded in your DNA. Your age in TeloYears is the actual age of a typical man or woman whose telomere length is similar to yours.

## YOUR RESULTS:

Your average telomere length is 1.02 , which
 puts you in the
 This means that your telomeres are longer than $72 \%$ of men your age. ${ }^{1}$

25th Percentile 0.87 ATL

50th Percentile
0.95 ATL

## INTERPRETING

 YOUR RESULTS:You are 35 years old in TeloYears. ${ }^{1}$ Based on the length of your telomeres, you are YOUNGER than your actual age.
Your Age in TELOYEARS: 35


## YOUR TELOYEARS

 RESULTS OVER TIME:Since your last test, the difference between your actual age and age in TeloYears has INCREASED by 2 years.



## WHAT NOW:

- Explore the accompanying TeloYears Blueprint for Success for insights on the link between lifestyle and telomere length and recommendations you can incorporate into your life.

Test report electronically signed and released on 24-Sep-2016 at 11:03 AM by Douglas Harrington, MD. CLIA \# 05D2041002

