

### **TEST BELONGS TO:**

Name: **John Smith** 

Sample Collected on: 7-Sep-2016

Health Provider: Jane Doe

Age: 50 Date of Birth: 2-Dec-1965 Sex: M

Received on: 9-Sep-2016

Clinic: ACME Clinic

TeloYears Customer ID #: 160612-1234

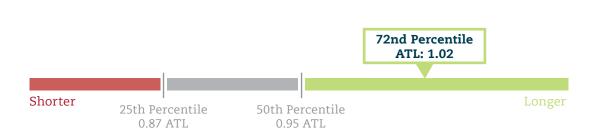
Reported on: 24-Sep-2016 Accession #: AA-123456

### **ABOUT THIS TEST:**

TeloYears is a genetic test that measures the length of your telomeres, the protective caps on the ends of your DNA strands that tend to shorten and fray with age. The test provides your age in TeloYears, the "cellular" age that is encoded in your DNA. Your age in TeloYears is the actual age of a typical man or woman whose telomere length is similar to yours.

### YOUR RESULTS:

Your average telomere length is **1.02**, which puts you in the 72nd percentile. This means that your telomeres are longer than 72% of men your age.<sup>1</sup>



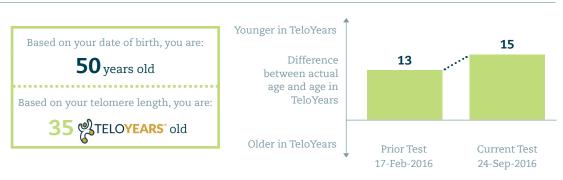
## INTERPRETING YOUR RESULTS:

You are 35 years old in TeloYears.¹ Based on the length of your telomeres, you are YOUNGER than your actual age.



# YOUR TELOYEARS RESULTS OVER TIME:

Since your last test, the difference between your actual age and age in TeloYears has INCREASED by 2 years.



#### WHAT NOW:

• Explore the accompanying TeloYears Blueprint for Success for insights on the link between lifestyle and telomere length and recommendations you can incorporate into your life.

Test report electronically signed and released on 24-Sep-2016 at 11:03 AM by Douglas Harrington, MD. CLIA # 05D2041002

1. Data on File at Telomere Diagnostics (2016).

The TeloYears test is not intended for screening, diagnosing, treating or preventing diseases or medical conditions. The information provided by the TeloYears test should not be used to replace medically appropriate screening tests recommended based upon actual age or other risk factors nor should the information be used to make decisions about diagnosis or treatment of diseases or medical conditions. Consult your doctor to identify other tests that may be appropriate for you. The Telomere Diagnostics lab is regulated under the Clinical Laboratory Improvement Amendments of 1988 (CLIA) as qualified to perform high-complexity clinical testing. The performance characteristics of this test were determined by Telomere Diagnostics. It has not been cleared or approved by the U.S. Food and Drug Administration. TeloYears and Telomere Diagnostics are trademarks of Telomere Diagnostics, Inc. All rights reserved. Part #: MKT-0017 Rev A Oct 2016

